

## Care Management for At-Risk Children (CMARC)

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## CMARC/CC4C Flyer

### **Care Coordination for Children (CC4C) *is now***

#### **Care Management for At Risk Children (CMARC)**

*Specializing in early childhood care management for patient and families through local health departments across the state !*

**Target population continues to be children ages 0-5 who are:**

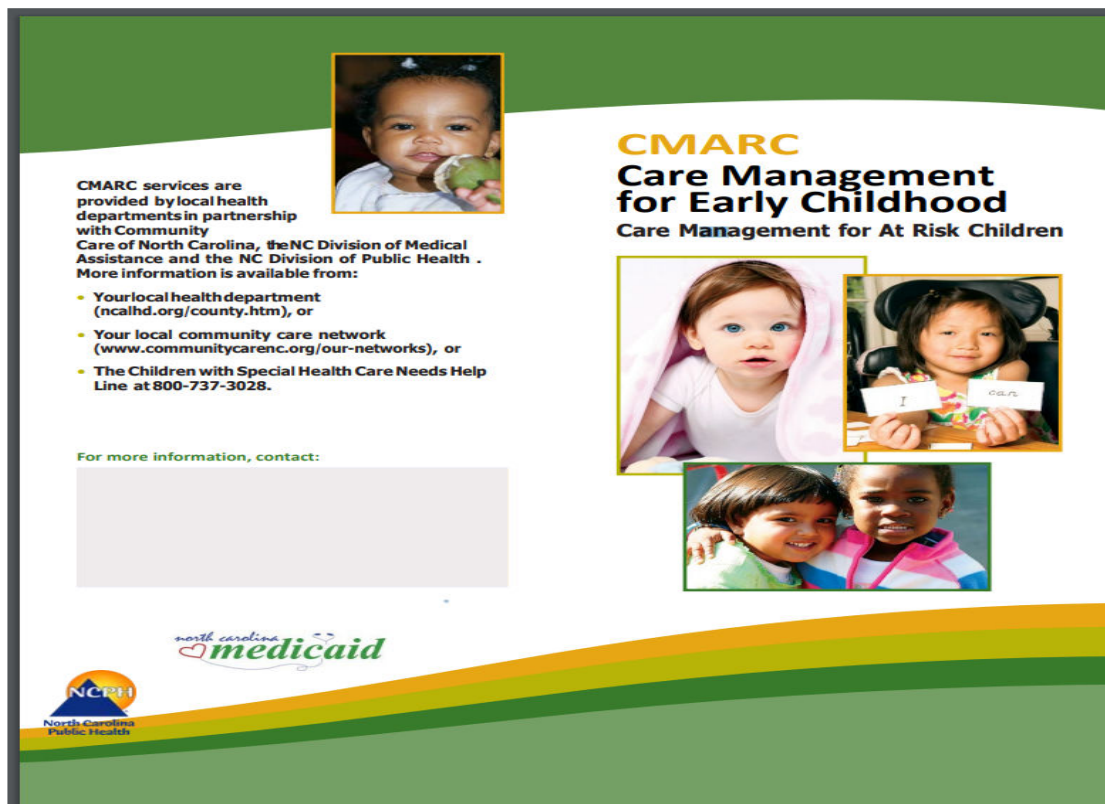
- NICU graduates
- Children with Toxic Stress
- Plan of Safe Care infants
- Children with special health care needs
- Children in foster care

**The goal of CMARC is to improve the care of children by :**

- Assessment, screening and care planning
- Linkage to a medical home
- Coordination of care between healthcare providers and community services,
- Linkage and referral of children and families to needed community programs and supports
- Parent/ caregiver education related to needs/ concerns

***Same great care management services providers and families are accustomed to, just a new name!***

## CMARC Brochure Front



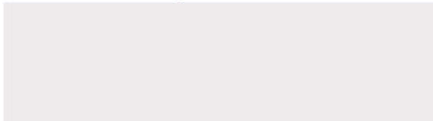
The brochure features a green and white background with a yellow and green wave at the bottom. It includes several photographs of children: a baby eating a green apple, a girl in a pink hoodie, a girl in a car seat holding a sign, and two young boys smiling. The text is arranged in a clean, professional layout.


**CMARC**  
**Care Management for Early Childhood**  
Care Management for At Risk Children

CMARC services are provided by local health departments in partnership with Community Care of North Carolina, the NC Division of Medical Assistance and the NC Division of Public Health . More information is available from:

- Your local health department ([ncalhd.org/county.htm](http://ncalhd.org/county.htm)), or
- Your local community care network ([www.communitycarenc.org/our-networks](http://www.communitycarenc.org/our-networks)), or
- The Children with Special Health Care Needs Help Line at 800-737-3028.

For more information, contact:



  
North Carolina  
Public Health

## CMARC Brochure Back

### How Can CMARC Benefit Your Family?

The goal of CMARC is to improve your child's care by linking you to services that will meet the specific needs of your child and family.

CMARC is a program offered at no charge for children birth to 5 years of age who:

- Have long term medical conditions; and/or
- Are dealing with challenging levels of stress; and/or
- Are referred by the child's doctor

When the care manager receives a referral, they will talk with you to determine whether your child and family could benefit from CMARC services.

For eligible families who want CMARC services, a CMARC plan of care is developed by the family and the CMARC care manager.

CMARC care managers work with families through:

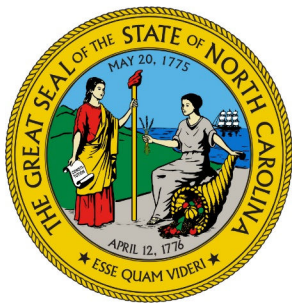
- home visits
- phone calls
- visit the doctor with you
- other types of contacts

How often we are in touch with you depends on the needs and desires of your family.

### What CMARC Care Managers Do:

- Recognize you as the expert on your child.
- Ask you about your child's and family's needs, concerns, goals, and questions.
- Work with you to help you build a strong link to a medical home (regular doctor) for your child.
- Work with your child's health care providers to be sure you get what you need.
- Offer referrals to community resources to meet your family's specific needs.
- Assist families dealing with challenging levels of stress.
- Offer information on health and family topics, including child growth and development.
- Take the time to talk about your child's health and development.
- Help you get answers to your questions.





**Anyone interested in learning more about Care Management for at Risk Children (CMARC) Please contact by phone or email:**

**Ginger Wilder RN, BSN,CCM**

**CMARC Program Manager**

**NC Department of Health and Human Services**

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