



CENTER FOR
CHILD & FAMILY
HEALTH


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**INFANT & EARLY
CHILDHOOD MENTAL
HEALTH**

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“The truth is that the least-studied phase of human development remains the phase during which a child is acquiring all that makes him most distinctively human. Here is still a continent to conquer.”

-John Bowlby






“THERE IS NO SUCH THING AS A BABY, THERE IS A BABY AND SOMEONE.”

-D.W. WINNICOTT



“Infant and early childhood mental health (IECMH) is the developing capacity of the child from birth to 5 years old to form close and secure adult and peer relationships; experience, manage, and express a full range of emotions; and explore the environment and learn—all in the context of family, community, and culture.”

(ZERO TO THREE, 2017)









**WHAT IS THIS CHILD
LEARNING ABOUT
CAREGIVERS?**



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**WHAT IS THIS
CHILD LEARNING
ABOUT
RELATIONSHIPS?**



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**WHAT IS THIS CHILD
LEARNING ABOUT THE
WORLD?**



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