Telemental Health
Ethics and Implementation

Rob Reinhardt, LCMHCS, NCC

Resources and Links

Tame Your Practice - Blog on various aspects of private practice with an emphasis on technology

- **Blog** – Regular articles on private practice and mental health with high amount of technology content (subscribe to the newsletter while there for monthly updates)
- **(EHR/EMR) System Reviews** – Reviews of most cloud-based practice management systems

Definitions Related Pages/Articles

HIPAA – Health Insurance Portability and Accountability Act of 1996

Tarasoff v. Regents of University of California – Pivotal case regarding duty to warn.

Covered Entities and Business Associates – Explained by DHHS

Are You A Covered Entity? - HHS provides definitions and a tool for helping determine your status.

Your Software and Devices Are Not HIPAA Compliant – It's up to YOU to be compliant.

HIPAA Final Rule Summary – Summary and links.

Meaningful Use and Mental Health Professionals – How mental health professionals are impacted by the meaningful use incentive program involving EHRs.

EMR vs. EHR – What's the difference?

HIPAA and the Conduit Exception – Article including an interview with an OCR rep explaining how the conduit exception works and why services like Dropbox are problematic.
Telehealth Resources

Providing Telehealth Services – Opportunities and Cautions – An article that provides an overview of the ethics and legal considerations in providing telehealth services.

Telehealth Resource Centers - grant-funded organizations assist clinicians of all specialties to make the move to telehealth.

50 State Survey of Telemental/Telebehavioral Health - This report by Epstein, Becker and Green is a survey of the telehealth laws for various professions in each state.

VSee – Telehealth app.

Doxy.me – Telehealth app.

Information on the Board Certified-Telemental Health Provider (BC-TMH) credential

Telehealth Certification Institute – Source for information and training in Telehealth.

The Effectiveness of Telemental Health: A 2013 Review

‘Telemental’ Health Is Becoming the Norm

Telemental Health: An Effective – and Increasingly Accepted – Treatment for Addiction

Telemental Health Comparisons – Site that compares software for video counseling

Centers for Connected Health Policy Telehealth Reimbursement Coverage Map

American Telemedicine Association Guidelines for Working With Children:

Security

Implementing a secure contact form on your web site (Hushmail)

LastPass – Password management program. Helps generate and store secure passwords.

Person Centered Tech – Another blog focused on tech in mental health. Strong focus on HIPAA, security, and Telemental Health.

Therapy Tech With Rob and Roy – The most fun counselors can have listening to a podcast about technology!
Ethics

**NASW Code of Ethics**

**ACA Code of Ethics**

**APA (Psychology) Code of Ethics**

**APA (Psychiatry) Code of Ethics**

**AAMFT Code of Ethics**

**Does Your Vendor Sell De-identified Data** – Article on Practice Fusion and potential dangers of de-identified data.

**Ethical Pitfalls of Online Testimonials and Reviews** – Counseling Today article where I detail the ethics considerations when dealing with online reviews and the use of testimonials.

code will not work there).

Recent Updates & Coronavirus Information

**BCBS Information Page**

**Further BCBS Details, Including Claims Coding Guidance**

**CDC Coronavirus (COVID-19) Page**

**NCDHHS Coronavirus Page**

**NCDHHS Coronavirus Testing Information**

**Notification of Enforcement Discretion for telehealth remove communications during the COVID-19 nationwide public health emergency** (HHS.gov)

**Expansion of Medicare Telehealth Coverage**

**Insurance Coverage Changes In Response to COVID-19**

**Summary of COVID-19 Resources from national Register of Health Service Psychologists**