

# UNC School of Social Work Clinical Lecture Institutes 2019

**Thursday & Friday, October 3-4, 2019**

**9:00 am–4:30 pm (both days)**

**(Check-in, coffee and light breakfast at 8:30)**

## **Dialectical Behavioral Therapy (DBT)**

*with Robin Sansing, LCSW and Deborah Barrett, PhD, LCSW*

In this workshop, Debbie and Robin will provide foundational knowledge of Dialectical Behavioral Therapy and demonstrate its application. They will review empirical support for DBT; explain biosocial processes that underlie emotional dysregulation; and explore DBT's core principles, assumptions, agreements, structure, strategies, case conceptualization, and skills. Participants will learn through a combination of didactic material, role-plays, case illustrations, and experiential activities.



**Robin Sansing, LCSW** is a Licensed Clinical Social Worker with more than ten years of counseling, teaching and coaching experience. She is a faculty member at the University of North Carolina Chapel Hill in the School of Social Work.



**Deborah (Debbie) Barrett, PhD, LCSW** is a Clinical Associate Professor in the School of Social Work and the Department of Medicine in Psychiatry at the University of North Carolina at Chapel Hill.

**PRE-REGISTRATION IS REQUIRED.** Ask about Learning Together discounts that support MSW students and their field faculty to participate together! Early bird discounts and scholarships also available. Join in person or via interactive live stream!

For more information and to pre-register, please visit <http://cls.unc.edu>

Questions? Contact Debbie Barrett at 919-843-5818 / [dbarrett@unc.edu](mailto:dbarrett@unc.edu)  
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