

UNC School of Social Work Clinical Lecture Series 2018-2019

A Walk in My Shoes: Trauma-Focused CBT with Children and Adolescents

A presentation by **Audrina Jones Bunton, MA, LPCS**

Monday, January 14, 12-2pm

UNC School of Social Work Auditorium
Light refreshments and sign-in open at 11:30 am

Trauma-focused CBT is a short-term, skills-based therapy that integrates humanistic, cognitive behavioral, and familial strategies to help youths with PTSD, distress, and externalizing behaviors as a result of trauma. This workshop will introduce the TF-CBT intervention and use case studies to increase participants' understanding of relevant trauma experiences that may not be easily seen or communicated.



Audrina Jones Bunton, MA, LPCS is an NC-rostered TC-CBT clinician, and certified Strategic Intervention Life Coach. She has extensive experience with children, adolescents, and adults who have experienced trauma. She has worked as a therapist and supervisor in intensive in-home therapy, and in agency, school, and community settings. She has also served as Task Supervisor for the UNC School of Social Work and is currently a research project manager, overseeing social and health-related research studies. She also specializes in Christian Counseling and serves as Youth Director and Counselor at her Church. She has vast experience in retreat, workshop, and training facilitation, and is a five-time best Speaker with Toastmasters International.

FREE for UNC School of Social Work students, faculty, staff, field instructors & task supervisors.

Pre-registration is required for attendance. For more information and to pre-register, please visit <http://cls.unc.edu>. Questions? Contact Debbie Barrett at / dbarrett@unc.edu or Carol Ann Hincy at 919-962-6540 / chincy@email.unc.edu