

# Cultural Self-Awareness Measure

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Please respond to the following questions as candidly as possible. You will not be asked to return this form to the presenter.

- 1) Name your cultural identity/ies.
- 2) Who are the main people in your life that you consider to be family?
- 3) What are the roles and responsibilities of the different members of your family?
- 4) How does your family think about your ancestors and their contributions to your family life?

- 5) What are some expectations that you have of your family members and vice versa?
  
  
  
  
  
  
  
  
  
  
- 6) What stereotypes and assumptions do you make about clients who are from a different cultural class than your own?
  
  
  
  
  
  
  
  
  
  
- 7) How might you inadvertently participate in racism, sexism, classism, and other forms of cultural insensitivity?
  
  
  
  
  
  
  
  
  
  
- 8) What are the most important aspects of your culture(s) that you would like to pass on to the next generations?