

# UNC School of Social Work Clinical Lecture Series 2018

## The Ethics of Cultural Humility

A presentation by **Tonya Armstrong, PhD, MTS**

**Monday, February 19, 12-2pm**

UNC School of Social Work Auditorium  
Light refreshments and sign-in open at 11:30 am

In this workshop, Tonya Armstrong will engage participants in the process of seeking clarity around our own cultural identities, as well as explore how this work is central to ethical practice with individuals with intersecting racial, ethnic, sexual, and other cultural affiliations. Dr. Armstrong will provide a framework informed by professional codes of ethics, and notions around cultural competence and humility. She will also provide examples and a model that highlights a progression from theory to application in our practice.



**Tonya Armstrong, PhD, MTS**, licensed psychologist, is founder and CEO of The Armstrong Center for Hope, a multi-disciplinary practice that combines psychological and spiritual wellness. She has published in the areas of spirituality, African-American mental health and wellness, end-of-life care, and grief. She currently serves as Dean of Counseling at Apex School of Theology and as Minister of Congregational Care and Counseling at Union Baptist Church in Durham. She has served as Pastoral Theologian at Duke Divinity School and co-coordinated the UNC-Duke MSW/MDiv dual-degree program. She has a variety of clinical and consulting experiences in in- and outpatient settings. She founded a black therapists' group, Uzima, released a gospel album *Choose Hope*, and a book/CD set, *Blossoming Hope: The Black Christian Woman's Guide to Mental Health and Wellness*.

**FREE for UNC School of Social Work students, faculty, staff, field instructors & task supervisors.**

**Pre-registration is required for attendance. For more information and to pre-register, please visit <http://cls.unc.edu>. Questions? Contact Debbie Barrett at / [dbarrett@unc.edu](mailto:dbarrett@unc.edu) or Carol Ann Hincy at 919-962-6540 / [chincy@email.unc.edu](mailto:chincy@email.unc.edu)**