

UNC School of Social Work Clinical Lecture Institutes 2018

Thursday & Friday, February 15-16, 2018

8:30am–4:30 pm (both days)

Dialectical Behavioral Therapy (DBT)

with Robin Sansing, LCSW and Deborah Barrett, PhD, LCSW

In this workshop, Debbie and Robin will provide foundational knowledge of Dialectical Behavioral Therapy and demonstrate its application to individuals with complex trauma histories, in particular. They will review empirical support for DBT; explain biosocial processes that underlie emotional dysregulation; and explore DBT's core principles, assumptions, agreements, structure, strategies, case conceptualization, and skills. Participants will learn through a combination of didactic material, role-plays, case illustrations, and experiential activities.



Robin Sansing, LCSW is a Licensed Clinical Social Worker with more than ten years of counseling, teaching and coaching experience. She is a faculty member at the University of North Carolina Chapel Hill in the School of Social Work.



Deborah (Debbie) Barrett, PhD, LCSW is a Clinical Associate Professor in the School of Social Work and the Department of Medicine in Psychiatry at the University of North Carolina at Chapel Hill.

Pre-registration is required for attendance. Early bird prices available for each workshop!

For more information and to pre-register, please visit <http://cls.unc.edu>

Questions? Contact Debbie Barrett at 919-843-5818 / dbarrett@unc.edu
or Carol Ann Hincy at 919-962-6540 / chincy@email.unc.edu