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Websites:

- <http://www.behavioraltech.com> This is the Dialectical Behavior Therapy website
- National Education Alliance for Borderline Personality Disorder - Has a family guide video, conference proceedings, quite comprehensive website
<http://www.borderlinepersonalitydisorder.com/>
- New England Personality Disorder Association <http://www.nepda.org/NEPDA>
Has downloadable family guide
- Treatment and Research Advancements Association for Personality Disorder
<http://www.tara4bpd.org/dyn/index.php>
Advocacy resources, publications, referral service
- <http://www.psychalive.org/coping-suggestions-for-the-suicidal-person/> Hope kit
Hope kit is box or container with tangible reminders of reasons to live
- <http://www.steppsforbpd.com/> STEPPS website
- <http://frankyeomans.com/transference-focused-psychotherapy.php> Transference focused psychotherapy website