

UNC School of Social Work 2015-2016 Clinical Lecture Series

FOCUS ON FAMILY AND DISABILITY SEMINARS

Early Childhood Mental Health: Building a Foundation for Life



A presentation by
Gary Ander, MS, LCSW
and **Betty Rintoul, PhD**

Tuesday, September 15, 2015, 12-2 pm

Tate-Turner-Kuralt Auditorium, UNC School of Social Work



Research tells us that the foundations of sound mental health are built early in life. This presentation will provide a brief introduction to early brain development and discuss the developmental factors that contribute to long term mental health outcomes, especially the importance of early caregiver-child interactions. We will describe the principles and practice of early childhood mental health (ECMH) and explore some of the current activities of the North Carolina Infant & Young Child Mental Health Association (NCIMHA).

Gary Ander, MS, LCSW has over 30 years of experience working in adolescent and adult mental health. Since 2004 Gary has directed his work on expanding System of Care philosophy in working with children in multiple child serving systems across North Carolina. He is presently a consultant to the Alamance Alliance, an early childhood mental health system of care SAMHSA grant.

Betty Rintoul, PhD, Psychology, is executive director of Encouraging Connections, a training organization dedicated to applying research to practice in programs for infants, toddlers, preschoolers, and their families. She has special interests in infant/toddler mental health, parent-child interaction, early brain development, and prevention of child maltreatment.

Cost: \$35.00 for Clinicians and Service Providers; \$15.00 for Family and Community Members; \$5.00 for UNC Students; Free to UNC School of Social Work Students, Field Instructors, School of Social Work Faculty and Staff

Lunch provided (11:15am – 12:00pm) No Charge

CEUs: 2 contact hours, 0.2 CE NBCC

Register at: <http://cls.unc.edu/register/family-and-disability-series/>

All lectures will be recorded and made available on the FSP.UNC.EDU website

For more information, contact Barbara Leach: (919) 966-0396
325 Pittsboro St., Chapel Hill, NC 27599

