Family Index of Risk for Mood (FIRM)

Please indicate whether any of your (blood) relatives have had any of these concerns:

Other than the child in this study

	Grandparents	Parents	Aunts/Uncles	Brothers/Sisters	Children
Suicide	☐	☐	☐	☐	☐
Alcohol/Drug Problems	☐	☐	☐	☐	☐
Mental Hospital	☐	☐	☐	☐	☐
Depression Problems	☐	☐	☐	☐	☐
Manic or Bipolar	☐	☐	☐	☐	☐

Has a health professional ever told you that you have manic-depressive illness or bipolar disorder?   ☐ Yes ☐ No

Interpretation Guide:

* 0 – 2 Low Risk; 3 – 7 Moderate Risk; 8 + High Risk

Likelihood Rate for Bipolar Spectrum Disorders
*Low scores does not change risk (LR = 0.6)
Moderate scores change risk by 1 (LR = 1.1)
High Scores nearly triplets the risk (LR = 2.5)

Likelihood Rate for Any Mood Disorder
*Low scores does not change risk (LR = 0.6)
Moderate scores change risk by 1 (LR = 1.1)
High Scores increase likelihood of diagnosis by 4 (LR = 4.3)

The likelihood of bipolar diagnosis is dependent on base rate of disorder in assessment setting. Please see Algorta, Youngstrom, Phelps, Jenkins, Kogos Youngstrom , and Findling (2012) Psychological Assessment for additional information. Special thanks to Mark Cooperberg, Ph.D.