



University of North Carolina at Chapel Hill
School of Social Work
Clinical Lecture Series 2015-2016

Lectures on Mondays 12-2 pm at UNC School of Social Work Auditorium
Catered reception and sign-in open at 11:30 am

- 1. Sept 21: “I don’t see them in my practice”: The Ethics of Serving Refugee and Immigrant Survivors of Torture and Trauma – Josh Hinson, LCSW, LCAS and Laura Garlock, MSW**
This workshop explores the refugee experience in North Carolina, our ethical obligation as mental health professionals to serve this under-served population, and information and resources to do this effectively.
- 2. Oct 26: Singing the Blues: Honoring emotional experience through mindfulness-based treatment of depression – Noga Zerubavel, Ph.D**
Dr. Zerubavel will explore mindfulness for the treatment of depression. Participants will learn mindfulness skills for helping clients to identify and evaluate habitual patterns that can lead to symptom relief.
- 3. Nov 16: Insight and change through Behavioral Analysis – Eric Gadol, Ph.D.**
Participants will learn how to use behavioral analysis to shed light on clients’ problematic behaviors and identify places for intervention – in a fashion that is collaborative, validating, and fosters change.
- 4. Jan. 25: Hidden No More: Moving from Shame to whole-hearted Living – Kate Thieda, LPC, NCC**
Participants will cultivate a deeper understanding of shame, and learn “shame resilience” tools to help client heal wounds of shame and accept greater vulnerability, empathy, and self-compassion.
- 5. Feb. 8: Hoarding Disorder: The diagnosis they never taught you in graduate school – Annette Perot, Ph.D.**
This workshop explains the key factors that contribute to compulsive hoarding and cognitive-behavioral strategies to treat individuals with this disorder. Dr. Perot will include video demonstrations.
- 6. March 7: Healing complex trauma – Michael Lambert, Ph.D.**
Drawing on evidence-based principles and illustrative case examples, Dr. Lambert will guide participants to engage in healing work with individuals who have experienced multiple or complex trauma.
- 7. April 11: The Ethics of Inclusion – Michelle Johnson, LCSW**
This workshop explores how to work ethically with one’s own discomfort and assumptions and assess for unspoken yet salient issues of racial oppression that may lie at the heart of therapeutic work.

FREE for UNC School of Social Work Students, Faculty, Staff, Field Instructors, Task Supervisors
Pre-registration is required for attendance.

All others: **\$35/workshop** || **\$210** for entire series
Two contact hours or NBCC credit per workshop. Category A credit also available for additional fee.

For more information and to pre-register, please visit <http://cls.unc.edu>

Questions? Contact Debbie Barrett, 919-843-5818 or dbarrett@unc.edu