



University of North Carolina at Chapel Hill
School of Social Work
Clinical Lecture Series 2013-2014
in collaboration with Wake AHEC

Lectures take place on Mondays 12-2 pm at the UNC School of Social Work's
Tate-Turner-Kuralt Auditorium
reception and sign-in begin at 11:15 am

- 1. Sept 16: Transition to DSM-5: Navigating changes for practitioners – Mehul Mankad, MD**
This workshop will provide an overview of the recently revised diagnostic guide, including its goals, rationale, significant changes, and how to use it in clinical practice.
- 2. Oct 14: Early interventions to prevent and improve psychotic disorders – Diana Perkins, MD**
Drawing from research and clinical work, Dr. Perkins will discuss the value of identifying emerging psychotic symptoms, and how to tailor treatment based on individuals' symptom severity, developmental trajectory, risk factors, and phase of illness.
- 3. Nov 11: Healing through loving kindness: The effective use of meditation in personal and professional practice – Mary Brantley, LMFT**
In this workshop, Mary Brantley will introduce loving kindness meditation, guide participants to cultivate and deepen their own practice, explain its application to therapeutic work, and address factors that can get in the way.
- 4. Jan 13: Ready or not: Four processes from Motivational Interviewing to talk about change – Paul D. Nagy, LPC, LCAS, CCS**
Drawing from Motivational Interviewing, Paul Nagy will provide strategies to assess clients' readiness to change, motivate those who feel stuck or ambivalent; and accept clients' choices when they express unwillingness to make certain changes.
- 5. Feb 10: Where Angels Fear to Tread: Becoming more effective with emotionally vulnerable clients – Becca Edwards, LCSW**
This workshop offers strategies for working with clients who are easily emotionally dysregulated. Drawing primarily from DBT, Becca will coach therapists on how to use awareness and acceptance of their own discomfort and limits to enhance safety and trust in the session, which can allow for deeper and more productive therapeutic collaboration. Strategies covered will include radical genuineness, irreverence, transparency, validation, and the removal of secret judgments.
- 6. March 24: Ethics of self-determination: Empowering older adults to make their own life decisions – Tanya Richmond, LCSW**
In this workshop, Tanya Richmond will address ethical issues involved in promoting self-determination among older adults, focusing primarily on the use of person-centered planning in end-of-life decisions.
- 7. April 21: Assessing and treating chronic pain in clients at risk for substance use disorders – David Marks, MD**
Traditional abstinence models for substance abuse are inadequate when clients also suffer from chronic physical pain. Drawing from research and practice, Dr. Marks will discuss collaborative approaches to chronic pain management with individuals who are also at risk of substance use disorders.

For more information and to pre-register, please visit cls.unc.edu