

The Multi-dimensional Family Tree:
Best Practices with Stepfamilies

UNC-CH SSW Clinical Lecture Series
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Resources for Professionals

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Resources for Professionals Working with Same-Sex Stepfamilies

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Resources for Families

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- McCarthy, B. & McCarthy, E. (2005). *Getting it right this time: How to create a loving and lasting marriage*. New York: Brunner/Routledge.

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- Ricci, I. (2006). *Mom's house, dad's house for kids: Feeling at home in one home or two*. New York: Fireside.
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Resources for Kids and Teens

- Block, J.D. & Bartell, S.S. (2001). *Step living for teens: getting along with stepparents and siblings*. New York, NY: Price Stern Sloan.
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- Gayle, K. (1994). *How to survive your parents' divorce*. West Southfield, MI: Equity Press.
- Hugo, L. (2005). *Jessica's Two Families: Helping Children Learn to Cope with Blended Households*. New Horizon Press.
- Leibowitz, J. (2000). *Finding your place: a teen guide to life in a blended family*. New York, NY: The Rosen Publishing Group, Inc.
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- Whitesell, M.M. (2009). *I have four parents*. Eloquent Books.

Online Resources

Children's Rights Council: <http://www.crckids.org/>

Deals with custody issues and divorce reform, and works towards meaningful and continuing contact for the child between both parents and extended families.

National Stepfamily Resource Center: <http://www.stepfamilies.info/>

This website serves as a clearinghouse of information, resources, and support for stepfamily members and the professionals who work with them.

Bonus Families: <http://www.bonusfamilies.com/>

Bonus Families® is the only international non-profit organization dedicated to promoting peaceful coexistence between divorced or separated parents and their new families.

The Stepfamily Foundation: <http://www.stepfamily.org/>

Resource for couples, providing counseling and coaching via telephone and in person.

Stepfamily Network: <http://www.stepfamily.ning.com/>

This website offers support and information to stepfamily members. Includes moderated listserv and chatroom for family members and stepfathers.

Stepmom Chatroom: <http://www.cafemom.com/>

Chatroom for stepmoms providing support and advice

StepMom Magazine: <http://www.stepmommag.com>

Website for StepMom Magazine, also has a blog and forum for stepmothers

The Positive Way: http://www.positive-way.com/stepfamily_resources_and_reading.htm

This website provides resources and reading for stepparents

The Second Wives Club: <http://www.secondwivesclub.com/>

An online resource for stepmothers.

Stepfamily Curriculum Resources

Smart Steps: <http://www.stepfamilies.info/smart-steps.php>

This 6-session research-based educational curriculum is designed for remarried or partnering couples and their children. It focuses on building couple and family strengths while addressing the unique needs and issues that couples in stepfamilies face.

Active Parenting for Stepfamilies Living. www.stepfamilyliving.com/

Video-based discussion program. Leaders guide and resources for six groups covering: forming a stepfamily, communication, loyalties and values, discipline power struggles and celebrating successes

Mastering the Mysteries of Stepfamilies. <http://www.skillswork.org/mml-curriculum/mastering-the-mysteries-of-love/mastering-the-mysteries-of-successful-step-families/>

Focuses on: helping to prepare families for complex issues of stepfamily life and to gain skills in communication and conflict resolution.