Cultural Self-Awareness Measure

Please respond to the following questions as candidly as possible. You will not be asked to return this form to the presenter.

1) Name your cultural identity/ies.

2) Who are the main people in your life that you consider to be family?

3) What are the roles and responsibilities of the different members of your family?

4) How does your family think about your ancestors and their contributions to your family life?

5) What are some expectations that you have of your family members and vice versa?

6) What stereotypes and assumptions do you make about clients who are from a different cultural class than your own?

7) How might you inadvertently participate in racism, sexism, classism, and other forms of cultural insensitivity?

8) What are the most important aspects of your culture(s) that you would like to pass on to the next generations?