



University of North Carolina at Chapel Hill
School of Social Work
Clinical Lecture Series 2016-2017

Lectures on Mondays 12-2 pm in UNC School of Social Work Auditorium
Light refreshments and sign-in open at 11:30 am

1. **Sept 19: Self Compassion: A Heartfelt Response to Our Own Suffering – Karen Bluth Ph.D. and Laura Prochnow Phillips.** This workshop will provide the foundation of mindful self-compassion practice. Participants will gain an understanding of the components of self-compassion and common misgivings about it, and engage in practices to cultivate self-compassion.
2. **Oct 17: DBT for Adolescents: Working with Suicidal, Self -Harming, and Emotionally Sensitive Youth – Lorie Ritschel Ph.D. –** Participants will learn about the treatment framework, session structure, and core strategies from dialectical behavioral therapy that support work with emotionally sensitive youth.
3. **Nov 7: Gender Responsive Substance Use Treatment – Andrea Winkler, LCSW, LCAS –** Participants will gain a deeper understanding of their own personal process in working in recovery, the need for gender responsive treatment, and tools for providing care to women with addictive disorders.
4. **Jan 23: Problem Solving Depression: An Evidenced Based Practice – Diane Dolan-Soto, LCSW –** Participants will learn the theory and application of Problem Solving Treatment, an evidenced based approach to depression, that combines aspects of cognitive behavioral and solution focused therapy.
5. **Feb 13: Trauma Work and Marginalized Populations: Ethical Practice with Gender Non-Conforming Individuals – Tavi Hancock, LCSW –** This workshop focuses on ethics in therapeutic work with transgender clients, including the need for a trauma framework and self-determination.
6. **March 6: Perinatal Mood and Anxiety Disorders: Identifiable, Treatable Conditions with Collaboration – Samantha Meltzer-Brody, M.D. and Mary Kimmel, M.D. –** The presenters discuss collaborative approaches for identifying and treating perinatal mood disorders, anxiety and psychosis.
7. **April 17: A Mindful Approach to Finding Meaning: Using ACT to Advance Therapy – Crystal Schiller, Ph.D. –** Drawing from Acceptance and Commitment Therapy, this workshop provides strategies to help clients to identify core values and move in the direction of value-based action.

FREE for UNC School of Social Work students, faculty, staff, field instructors & task supervisors

All others: **\$35/workshop** || **\$210** for entire series
2 contact hours or NBCC credit per workshop. (Category A credit available for additional fee.)

Pre-registration is required for attendance.

For more information and to pre-register, please visit <http://cls.unc.edu>

Questions? Contact Debbie Barrett at 919-843-5818 / dbarrett@unc.edu
or Carol Ann Hincy at 919-962-6540 / chincy@email.unc.edu