



University of North Carolina at Chapel Hill School of Social Work Clinical Lecture Institutes 2016-2017

Day-long and Multiple-Day Long Training in Evidence-Based Practices

1. **Friday & Saturday, September 23-24, 2016-Two-Day Workshop on Dialectical Behavioral Therapy, with Eric Gadol, Ph.D. and Martha Golden, PsyD.** Drs. Golden and Gadol will cover the empirical support for the DBT and the core principles of DBT treatment, covering the theoretical understandings of borderline personality disorder, the assumptions and agreements about therapy in DBT, the structure of DBT treatment, and the skills that clients learn in DBT.
2. **Thursday, October 20, 2016-Investing in the Therapeutic Work, and Not the Outcome: How the Spirit of Motivational Interviewing helps us to Honor People's Autonomy while Making Space for Change, with Marty Weems, LCSW, LSAC.** This training will provide an intensive exploration of the relational elements of Motivational Interviewing (MI) that serve as the foundation of the approach, and our work with clients.
3. **Friday, February 3rd, 2017-Case Conceptualization and Behavioral Targeting in Stages 1 and 2 of DBT: Treating High Target Behaviors and Trauma in the Multi-Diagnostic Client, with Lorie Ritschel, Ph.D.** This training will help DBT clinicians improve their ability to assess primary and secondary treatment targets and create case formulations to address what is most relevant in multi-diagnostic clients – particularly those in need of treatment for PTSD.
4. **Friday, February 17, 2017- Borderline Personality Disorder, in Context, and Across Therapeutic Approaches, with Marilyn Ghezzi, LCSW.** This training will discuss the unique contributions and commonalities across seemingly divergent approaches, as well as how to address trauma issues as part of any treatment approach.
5. **Friday, March 17, 2017-A Dialectic Approach to Distress: How to translate and apply what we know about emotional suffering to treat chronic physical pain, with Deborah Barrett, Ph.D., LCSW.** This training will provide a framework and tools to translate what you may already be doing to treat emotional pain to work more effectively with individuals suffering with physical distress.

Discounts and Early Bird Specials available for all trainings please visit site for more information

Contact hours or NBCC credit per training. (Category A credit available for additional fee.)

Pre-registration is required for attendance.

For more information and to pre-register, please visit <http://cls.unc.edu>

Questions? Contact Debbie Barrett at 919-843-5818 / dbarrett@unc.edu or Carol Ann Hincy at 919-962-6540 / chincy@email.unc.edu