



University of North Carolina at Chapel Hill
School of Social Work
Clinical Lecture Series 2014-2015
10th Anniversary Year!

Lectures on Mondays 12-2 pm* at UNC School of Social Work Auditorium
Catered reception and sign-in begin at 11:15 am

1. **Sept 22: Positive Emotions: The science behind them and practices to change your life**
– Barbara Fredrickson, PhD and Mary Brantley, LMFT
This stellar combo of presenters share evidence of the healing effects of positive emotions and ways to explain and incorporate them into daily practice.
2. **Oct 20: Dialectical Behavioral Therapy: What's the latest?** – Meggan Moorhead, Ed.D.
This workshop presents cutting-edge research on the neurobiology of borderline personality disorder, and effective strategies for emotion dysregulation and working with shame in particular.
3. **Nov 10: ACT and Exposure Therapy: a combined approach to enhance treatment engagement** – Jonathan S. Abramowitz, PhD, ABPP and Ryan Jane Jacoby, MA
This workshop applies exposure from an Acceptance and Commitment Therapeutic perspective to reduce avoidance behaviors that thwart meaningful engagement, including in obsessive-compulsive disorders.
4. **Jan 12: The CBT rapid-gain model in anxiety disorder treatment** – Reid Wilson, PhD
Interweaving instructive material with recorded segments from a therapy session, Reid presents a rapid-gain approach to counter symptom dread, confront erroneous beliefs, and conduct behavioral experiments.
5. **Feb 2: Differential diagnosis for depressive disorders** – Eric Youngstrom, Ph.D.
Unfolded as a detective story, this workshop illustrates the process and value of differential diagnosis through the analysis of a complex case, with the help of relevant assessment tools.
6. **March 2: “Are You There, God? It’s Me and My Therapist”: Spirituality as culturally competent practice** – Tonya Armstrong, Ph.D., M.T.S
Using a mix of didactic material, case studies, and experiential exercises, participants will explore how to conceptualize, assess, and integrate spirituality into mental health and wellness care.
7. ***April 13: Do I Intervene Here? Guidance on ethical dilemmas that arise with colleagues** – Kim Strom-Gottfried, Ph.D. *exception: from 2-4pm
Drawing on tenets of APA, ACA, and NASW codes of ethics, this workshop guides clinicians in ambiguous ethical dilemmas that can arise with colleagues and in supervisory relationships.

Pre-registration is required for attendance.

\$34/workshop | \$210 for entire series

(discounts available for UNC School of Social Work affiliates)

Two contact hours or NBCC credit available for each workshop.

For more information and to pre-register, please visit <http://cls.unc.edu>